

SpineTeamSpokane: A TEAM APPROACH TO SPINE CARE

SpineTeamSpokane is a new spine Center of Excellence specializing in back and neck pain. The center is a byproduct of discussions with case managers, rehab nurses and managed care experts on a local and national level who believe that spine care can be improved through a multi-disciplinary, Center of Excellence approach. This spine Center of Excellence includes a facility dedicated totally to spine, with a full exercise gym, spine-specialized physical therapy and an injection suite. In the past, the back or neck pain sufferer often had to drive around Spokane to multiple centers for all this complementary expertise, diagnostic capabilities and spine specialized therapy. Now we are able to provide it all under one roof for the



convenience of the patient. By putting all the necessary ingredients for spine care under one roof, SpineTeamSpokane represents one of the most comprehensive spine centers in Washington.

As part of this effort to improve spine care, we are committed to a well-informed patient. We have a virtual encyclopedia on spine at www.SpineTeamSpokane.com that has symptom charts, medical illustrations and exercises that relieve back and neck pain. As a community service, we also provide a free 36-page Home Remedy Book that has been a godsend to more than a hundred thousand patients across the U.S.

T. Daniel Dibble, M.D. Board-Certified Pain Medicine Board-Certified Anesthesiology

T. Daniel Dibble, M.D., specializes in interventional diagnostics and therapeutics for both acute and chronic conditions of the spine. He is board-certified in the specialties of pain medicine and anesthesiology.

As an expert in the management of back and neck pain, Dr. Dibble has given lectures and presentations on nonsurgical treatment options and the role of a multi-disciplinary approach in the management of acute and chronic pain. He participates as a mentor and lecturer for "COHE" (Center of Occupational Health & Education), a part of the Occupational Health Services project with the Washington State Department of Labor & Industries and University of Washington Health Services Research Division.



Jamie L. Lewis, M.D. Physical Medicine and Rehabilitation, Electrodiagnostic Medicine Fellowship-trained in Pain Management

Jamie L. Lewis, M.D. specializes in the nonsurgical treatment of back and neck pain at SpineTeamSpokane. Trained in the specialty of Physical Medicine & Rehabilitation, he helps patients to return to activity without having to resort to surgery. He is fellowship-trained in pain management and is proficient in EMGs and the use of spinal injections to relieve back and neck pain symptoms. Dr. Lewis completed his undergraduate work at the University of California at Riverside. He earned his medical degree from Loma Linda University School of Medicine and completed his residency at their affiliated hospitals in the Physical Medicine and Rehabilitation Department. Dr. Lewis served as chief resident in the department of Physical Medicine and Rehabilitation at Loma Linda University.



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